

Thursday, 19<sup>th</sup> January

## ANATOMY ROOMS

|       |  |  |
|-------|--|--|
| 09:00 | <b>ROOM 1</b><br>Big Five                                | <b>ROOM 2</b><br>Point of care US: Airway, Gastric, Lung |
|       | <b>ROOM 3</b><br>Lowerlimb Blocks                        |  |
| 11:00 | <b>ROOM 1</b><br>Wallblocks: PEC, Serratus, QL, TAP      | <b>ROOM 2</b><br>Upperlimb Blocks                        |
|       | <b>ROOM 3</b><br>Lowerlimb Blocks                        |  |
| 13:00 | Lunch  |  |
| 14:30 | <b>ROOM 1</b><br>Big Five                                | <b>ROOM 2</b><br>Point of care US: Airway, Gastric, Lung |
|       | <b>ROOM 3</b><br>Introduction to RF and USG Applications |  |
| 16:30 | <b>ROOM 1</b><br>Wallblocks: PEC, Serratus, QL, TAP      | <b>ROOM 2</b><br>Upperlimb Blocks                        |

## SIMULATION CENTER CHP

|               |  |
|---------------|--|
| 09:00 - 11:00 | SIMULATION<br>Emergencies in RA and Obstetrics |
| 11:00 - 13:00 | SIMULATION<br>Emergencies in RA and Obstetrics |

## NOBLE ROOM

08:30 - 13:00 Abstract discussion

14:00 - 19:00 Regional anesthesia for nurses course

Friday, 20<sup>th</sup> January

|       |  |
|-------|--|
| 08:00 | Registration desk  |
| 09:00 | <b>Point-of-Care: Ultrasound in Perioperative Care</b><br><i>Chairman / Speaker: Elena Segura</i>  |
| 09:30 | <b>Hip Surgery - what's the best analgesic strategy?</b><br><i>Chairman: Paulo Eusébio</i><br><i>Speaker: Alexandra Borges</i>   |
| 10:00 | <b>What can Regional Anesthesia tell us about the brain?</b><br><i>Chairman: Clara Lobo</i><br><i>Speaker: Francisco Lobo</i>  |
| 10:30 | Coffee Break - 30 min  |
| 11:00 | <b>ROUND TABLE - Obstetrics</b><br><i>Chairman: Rita Araújo</i><br><b>Obstetric Anesthesia Update: 5 Things You Always Wanted to Know About OB Anesthesia</b><br><i>Speaker: Carlo Pancaro</i><br><b>Obstetric emergencies - how to be prepared</b><br><i>Speaker: Fernando Torres</i> |
| 12:00 | <b>ROUND TABLE - Chronic Pain and RA</b><br><i>Chairman: Javier Durán</i><br><b>New Thoughts on Predicting and Preventing Chronic Pain after Surgery</b><br><i>Speaker: Roman Zurcher</i>  |
| 12:30 | <b>Why take EDRA? How to be prepared?</b><br><i>Chairman: Humberto Rebelo</i><br><i>Speaker: José Aguirre</i>  |
| 13:00 | Lunch/Opening session  |
| 14:00 | <b>ROUND TABLE - RA and Obesity</b><br><i>Chairman: Lara Ribeiro</i><br><b>The obese pregnant</b><br><i>Speaker: Carlo Pancaro</i><br><b>The obese patient</b><br><i>Speaker: Clara Lobo</i>   |
| 15:00 | <b>What's the role of peripheral nerve blocks in Vascular Surgery?</b><br><i>Chairman: Clara Lobo</i><br><i>Speaker: Alan McFarlane</i>  |
| 15:30 | <b>ROUND TABLE - RA in Pediatrics</b><br><i>Chairman: Patrícia O'Neill</i><br><b>Serratus Plane Block for Scoliosis Cases in Paediatrics</b><br><i>Speaker: Teresa Parras</i><br><b>25 years of Regional Anesthesia in children, what changed?</b><br><i>Speaker: Hugo Trindade</i>    |

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|-------|--|
| 16:30 | <b>ROUND TABLE - RA in Trauma</b><br><i>Chairman: Ronald Silva</i><br><b>Regional Anesthesia in the Pre-hospital setting. Yes? Then, how?</b><br><i>Speaker: Ronald Silva</i><br><b>Regional Anesthesia in Improving Outcomes in the trauma patient</b><br><i>Speaker: Roman Zurcher</i> |
| 17:30 | <b>Assembleia Colégio de Anestesiologia</b>  |
| 18:30 | <b>Assembleia Geral CAR</b>  |

Saturday, 21<sup>st</sup> January

|       |  |
|-------|--|
| 08:00 | Registration desk  |
| 09:00 | <b>ROUND TABLE</b><br><i>Chairman: Edgar Semedo</i><br><b>Miofascial Syndromes. From diagnosis to treatment. Anesthetist Perspective</b><br><i>Speaker: Edgar Semedo</i><br><b>Rehabilitation Medicine Perspective</b><br><i>Speaker: Miguel Costa</i> |
| 10:00 | <b>DEBATE - RA vs IV analgesia</b><br><i>Chairman: Humberto Rebelo</i><br><b>Pro / Con: IV Lidocaine vs. Regional anesthesia</b><br><i>Speaker: Alan McFarlane vs. Jose Aguirre</i>  |
| 11:00 | Coffee Break - 30 min  |
| 11:30 | <b>Epidural analgesia in the parturient with fever</b><br><i>Chairman: Joana Magalhães</i><br><i>Speaker: Carlo Pancaro</i>  |
| 12:00 | <b>DEBATE - Knee surgery</b><br><i>Chairman: Elena Segura</i><br><b>Pro / Con: Neuraxial Anesthesia for peri-prosthetic knee infection. Yes vs. No</b><br><i>Speaker: Paulo Fragoso vs. Nuno Moinho</i>  |
| 13:00 | <b>DEBATE - Abdominal surgery</b><br><i>Chairman: Hugo Trindade</i><br><b>Pro / Con: Abdominal surgery analgesia: abdominal wall blocks vs. Epidural block</b><br><i>Speaker: Marta Pereira vs. Duarte Machado</i>                                     |