



HOSPITAL DAS FORÇAS ARMADAS
POLO PORTO, SALÃO NOBRE

09-13 DECEMBER 2019



PRESENTS



Anesthesiology *alive*

KNOWLEDGE UPDATE

PRELIMINARY
PROGRAM

9 DEC | **MONDAY**

8:30 Registration Desk Opening

SESSION 1 "THE DARK SIDE OF THE BRAIN"

09:00-09:45 **Neuroprognostication after cardiac arrest**
FABIO TACCONI

09:45-10:30 **At the end, brain oxygenation is what really matters**
BASIL MATTA

10:30-10:45 *Discussion*

/// COFFEE BREAK ///

11:00-11:45 **Brain Monitoring and the depth of anesthesia: another goldilocks dilemma**
ARYEH SHANDER

11:45-12:30 **Anesthesia, surgery and the unknown: the bridges to post-operative cognitive problems**
SUSANA VACAS

12:30-13:15 **Lung-Brain interactions**
PAOLO PELOSI

13:15-13:30 *Discussion*

15:00 **WS PERI-OPERATIVE BRAIN MONITORING: EEG AND NIRS**
FRANCISCO LOBO, SUSANA VACAS, ALEXANDRA SARAIVA

10 DEC | **TUESDAY**

SESSION 2 "HOT TOPICS IN INTENSIVE CARE MEDICINE: MONITORING, DRUGS AND FLUIDS"

09:00-09:30 **Multimodal monitoring and Intelligent Assist: Smart Technology**
BASIL MATTA

09:30-10:00 **Dexmedetomidine: the drug we ever dreamt**
FRANCISCO LOBO

10:00-10:30 **Close the lungs and keep them resting to minimize ventilator induced lung injury**
PAOLO PELOSI

10:30-10:45 *Discussion*

/// COFFEE BREAK ///

11:00-11:30 **Septic Encephalopathy: state of art**
FABIO TACCONI

11:30-12:00 **Brain ultrasound: from the brain to the whole body concept**
FRANK RASULO

12:00-12:30 **Patient Blood Management in the ICU**
ARYEH SHANDER

12:30-12:45 *Discussion*

15:00 **WS TRANSCRANIAL DOPPLER AND ULTRASOUND**
FRANK RASULO, FABIO TACCONI

11 DEC | WEDNESDAY

SESSION 3 "A LITTLE BIT OF EVERYTHING"

- 09:00-09:30 **The ultrasound is the new stethoscope of the anesthesiologist!**
ROSIE HOGG
- 09:30-10:00 **Myth busters in Regional Anesthesia! Believe it... or not!**
PETER MERJAVY
- 10:00-10:30 **Recommendations! Recommendations! Recommendations!**
How to survive and succeed?
CLARA LOBO
- 10:30-10:45 *Discussion*

/// COFFEE BREAK ///

- 11:00-12:00 **VIRTUAL ANESTHESIOLOGY - SOCIAL MEDIA AND ANESTHESIOLOGY**
Where are we? Where are we going?
ROSIE HOGG & PETER MERJAVY
Anesthesia and the Apps: what's out there?
KARIEM EL-BOGHDADLY
- 12:00-12:30 **Regional Anesthesia in anticoagulated patients. Here we go again!**
JOSIP AZMAN
- 12:30-13:00 **What is new in Regional Anesthesia?**
LARA RIBEIRO
- 13:00-13:15 *Discussion*
- 15:00 **WS POCUS**
HUMBERTO REBELO, ROSIE HOGG, PETER MERJAVY, KARIEM EL-BOGHDADLY

12 DEC | THURSDAY

SESSION 4 "OBSTETRIC ANESTHESIA"

- 09:00-09:30 **Personalized postoperative pain management: Does patient engagement improve outcomes?**
BRENDAN CARVALHO
- 09:30-10:00 **What's new about bringing the new-born back!**
SOFIA FERNANDES
- 10:00-10:45 **THE SEVERE ILL PREGNANT PATIENT**
BRENDAN CARVALHO (MODERATOR)
Maternal deterioration: tools for timely identification
NUALA LUCAS
Causes of maternal cardiac arrest: can it be prevented?
RITA ARAÚJO
Perimortem Caesarean section: the do's and don'ts
ANA MILHEIRO
- 10:45-11:00 *Discussion*
- 11:15-12:00 **PBLD OF OBSTETRIC ANESTHESIA CASES**
NUALA LUCAS (MODERATOR)
Postpartum haemorrhage in a pre-eclamptic patient
NUALA LUCAS
Congenital heart disease and pregnancy: what can we do
RITA ARAÚJO
Pulmonary edema and the use of uterotonics: still occurring?
ANA MILHEIRO

/// COFFEE BREAK ///

12:00-12:30 **PRO/CON DEBATE "NEURAXIAL ULTRASOUND: WHY AND HOW"**

Yes

BRENDAN CARVALHO

No

ROSIE HOGG

12:30-12:45 *Discussion*

(both) 15:00 **WS OF RA AND LIVE DEMONSTRATION**

PAULO FRAGOSO, RONALD SILVA, DUARTE MACHADO

WS OF INTERVENTION IN CHRONIC PAIN

ATHMAJA THOTTUNGAL, JAVIER DURÁN, HUMBERTO REBELO, DUARTE MACHADO

13 DEC | **FRIDAY**

SESSION 5 "BECAUSE IT HURTS!"

9:00-9:30 **Stress and inflammation during anesthesia and surgery**

HANS DE BOER

9:30-10:00 **Patient Academy: do we need to train our patients to improve outcomes?**

BRENDAN CARVALHO

10:00-10:30 **PRO/CON DEBATE "DO WE NEED DIAGNOSTIC BLOCKS?"**

Yes

HUMBERTO REBELO

No

ATHMAJA THOTTUNGAL

10:30-10:45 **Discussion**

/// COFFEE BREAK ///

11:00-11:30 **WHEN THE SHOULDER HURTS...**

Acute

RONALD SILVA

Chronic approach

ATHMAJA THOTTUNGAL

11:30-12:00 **Nociception- Antinociception Balance Monitoring**

HANS DE BOER

12:00-12:30 **New approaches to spine pain**

ATHMAJA THOTTUNGAL

12:30-13:00 **Epiduroscopy and other epidural procedures for Spinal pain: when the Surgeon and the Pain Specialist meet**

HUMBERTO REBELO + TBA

15:00 **WS Simulation in Anesthesiology** OFFSITE: CHUP SIMULATION CENTER

LARA RIBEIRO

